

Headspace

HIT PAUSE. GO DEEP.

Life is rushing by.
Decisions are getting harder.

Hit pause on the busyness of life.
Set aside a year to dig deep with God.

A YEAR OF CALLING, IDENTITY AND MISSION

PHASE 1 (7 months)

Community, learning
experiences, missional
encounters, spiritual formation.

PHASE 2 (2 months)

Express God's Kingdom
through grass-roots mission
partnership in Asia.

PHASE 3 (1 month)

Debrief your year with an eye
to the future, reflecting on all
God has done in you.



Go to headspace.nz
for more information

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Headspace is run by
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