

# Headspace

*HIT PAUSE. GO DEEP.*



## *A YEAR OF CALLING, IDENTITY AND MISSION*

### **PHASE 1**

(7 months)

Community, learning experiences, missional encounters, spiritual formation.

### **PHASE 2**

(2 months)

Express God's Kingdom through grass-roots mission partnership in Asia.

### **PHASE 3**

(1 month)

Debrief your year with an eye to the future, reflecting on all God has done in you.



Go to [headspace.nz](https://headspace.nz)  
for more information

### **KŌRERO WITH US**

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Headspace is run by  
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